
PARK RIDGE YOUTH FOOTBALL & CHEERLEADING – TERMS AND CONDITIONS

Contents

1. General Terms and Conditions	1
2. Emergency Medical Release	2
3. Refunds & Equipment Deposit	2
4. Registration Waitlist Guidelines	3
5. Photo & Video Release Waiver	4
6. Social Media Policy	4
7. Player, Parent/Guardian & Spectator Code of Conduct & Ethics	4
8. Coaches Code of Conduct & Ethics	5
9. Volunteer and Employee Background Check Policy	6

1. General Terms and Conditions

As the parent or guardian of the registered participant, I grant permission for their involvement in all activities associated with the current season. I understand and accept all risks related to participation, including travel. I hereby waive, release, and hold harmless Park Ridge Football, its Board of Directors, sponsors, Park Ridge Sports Inc. (PRSI), Park Ridge Recreation & Park District, supervisors, coaches, other participants, and individuals providing transportation.

As the parent or guardian of the registered participant, I agree to maintain active health insurance coverage for my child throughout their participation in the program.

I agree to provide proof of age if requested by the league and confirm that all submitted registration information is accurate. I understand that the Park Ridge Football Board retains the authority to assign players or cheerleaders according to its rules and safety standards.

I accept financial responsibility for any issued equipment that is lost or damaged beyond reasonable wear and agree to reimburse the League for any such losses or for failure to return the equipment on time.

2. Emergency Medical Release

As the parent or guardian, I authorize emergency medical treatment for the participant in the event of injury during practices, games, or any related activities, including travel. I grant permission to any hospital, physician, or certified emergency personnel to administer necessary care.

3. Refunds & Equipment Deposit

Refund Policy

As a nonprofit organization, Park Ridge Football & Cheerleading strives to keep registration costs as low as possible. Since we must commit to expenses such as equipment, uniforms, and insurance well in advance, refunds are limited and subject to the following policy. This applies to all registration-based programs, including seasons, camps, and other events.

Refund Deadlines:

- **Fall Flag Football & Spirit Cheer** – No refunds after **July 31**
- **Tackle Football & Competitive Cheer** – **No refunds.**
- **Spirit Cheer Summer Camp**- No refunds will be issued within two (2) weeks of the camp start date.

Refund Amounts:

- Requests received **before August 1**: 50% refund (Fall Flag Football and Spirit Cheer)
- Requests received **on/after August 1**: No refund (refund (Fall Flag Football and Spirit Cheer)
- Requests received two (2) weeks or more **before the start of camp**: 50% refund (Spirit Cheer Summer Camp)

All refund requests must be submitted via email to prfootballcheer@gmail.com. Approved refunds will be issued by the **first week of November**.

Equipment Deposits:

All participants must return issued equipment. If not returned, the deposit will be forfeited:

- **Tackle Football** – \$300
 - **Spirit Cheerleading** – \$75
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4. Registration Waitlist Guidelines

Purpose

This policy outlines how waitlists are managed when a PRSI program reaches full capacity. Program capacity is determined each season by the Board of Directors and/or Program Managers based on enrollment levels, volunteer availability, equipment, and other operational factors.

When the Waitlist Is Used

- A waitlist begins once a program reaches capacity or registration closes.
- Registrations submitted after that point are automatically placed on the waitlist.
- **No payment is required** while on the waitlist.

Waitlist Priority

If a spot becomes available, participants may be selected based on the following factors:

- Returning PRSI athletes
- Park Ridge residents
- Team or position needs
- Prior participation in PRSI football or cheer programs
- Date the registration form was submitted

Placement from the waitlist is not guaranteed.

Notification & Response

- Families will be notified **by email** if a spot becomes available.
- Families have **48 hours** to accept the spot.
- If there is no response within 48 hours, the spot may be offered to the next person on the waitlist.

Payment

- Payment is required **only after a spot is offered and accepted**.
- If a family declines the spot or does not respond within the timeframe, they will be **removed from the waitlist**.

Waitlist Duration

Waitlists apply **only to the current season** and do not carry over to future seasons.

Families must register again for future programs.

Additional Teams

If demand and resources allow, PRSI may add an additional team and place multiple wait-listed athletes on that team.

5. Photo & Video Release Waiver

I give Park Ridge Football & Cheerleading permission to photograph or record myself and my family during team-related activities. These images may be used in print or online for promotional purposes, including on websites, social media, and advertising, with or without naming individuals.

6. Social Media Policy

Purpose:

PRSI acknowledges the power of social media and the responsibility its members have in shaping the organization's image. This policy applies to all board members, coaches, directors, volunteers, and participants who represent PRSI in either a professional or personal capacity.

Guidelines:

- Always communicate respectfully, especially during disagreements.
- Avoid sharing content that could harm PRSI's image.
- Think before you post—remember online content can be permanent.
- Seek guidance from a board member if unsure about the appropriateness of a post.
- Do not disclose personally identifiable information without approval.
- Encourage positive social media interactions and report misuse to a board member or director.

Enforcement:

The PRSI Board may monitor and enforce this policy, remove inappropriate content, and restrict individuals from official PRSI platforms. Violations can lead to disciplinary actions, including suspension or removal from the program.

7. Player, Parent/Guardian & Spectator Code of Conduct & Ethics

Parents and guardians play a key role in a child's athletic experience. Please commit to the following principles:

- Support your child in having fun and developing skills.
- Demonstrate sportsmanship and encourage respectful behavior.

- Cheer positively and avoid coaching from the stands.
- Respect all coaches, officials, and players—win or lose.
- Ensure your child arrives on time and understands the importance of commitment.
- Report misconduct or violations to the Program Director.

Violations will be investigated by the Program Director and PRSI President. Final decisions, including any sanctions, will be communicated in writing and reviewed by the Board if necessary.

8. Coaches Code of Conduct & Ethics

Coaches are expected to create a safe, respectful, and development-focused environment. All coaches agree to:

- Provide constructive feedback in appropriate settings.
- Respect game officials and accept their decisions.
- Model sportsmanship toward opponents.
- Prioritize academic and personal development.
- Emphasize teamwork over winning.
- Remain in the designated coaching area during games.
- Help manage fan behavior and set a respectful tone.
- Avoid profanity, abusive language, or aggressive conduct.
- Rotate players when leading by a wide margin and adhere to the Programs' minimum play rules.
- Never accept payment or allow ineligible players to participate.
- Prohibit weight-cutting tactics or unsafe behaviors.
- Avoid all tobacco, alcohol, and illegal substances when interacting with players.
- Remove players from participation when health is in question.
- Lead by example, holding themselves to the highest standard.

Violations will be handled by the Program Director and PRSI President, with possible review by the Board of Directors. Penalties may include suspension, expulsion, or other disciplinary measures.

9. Volunteer and Employee Background Check Policy

As part of our affiliate agreement, Park Ridge Sports Inc. (PRSI) is required to conduct background checks on all volunteers and employees. Individuals who are ineligible for employment with a park district are also not permitted to volunteer or work with our organization.

According to Illinois law (70 ILCS 1205/8-23), a person is **ineligible** for park district employment—and therefore **ineligible** for employment or volunteer service with PRSI—if they have:

1. **Been convicted of any of the following crimes:**

- First degree murder
- Attempted first degree murder
- Any Class X felony
- Criminal sexual assault (11-1.20, 12-13)
- Aggravated criminal sexual assault (11-1.30)
- Predatory criminal sexual assault of a child (11-1.40, 12-14, 12-14.1)
- Criminal sexual abuse (11-1.50)
- Aggravated criminal sexual abuse (11-1.60, 12-15)
- Indecent solicitation of a minor (11-6, 12-16)
- Public indecency (11-9, 11-30)
- Promoting juvenile prostitution (11-14.4)
- Patronizing a person engaged in the sex trade (11-18)
- Obscenity (11-20)
- Child pornography (11-20.1)
- Distributing harmful material (11-21)
- Stalking (12-7.3)
- Aggravated stalking (12-7.4)
- Cyberstalking (12-7.5)

2. **Been convicted of certain drug-related offenses** as specified in Illinois law (70 ILCS 1205/8-23), unless **seven (7) years** have passed since the completion of their sentence.